



Owl Post

April 19, 2021

Upcoming Events:

April 20th | 3-6PM STEM Outdoor Library

April 28th 7PM | PTA Membership Meeting (Email secretary@stemk8pta.org for Zoom link)

May 5th | Nominations for PTA Board Positions DUE

May 13th 6:30-8PM | PTA General Meeting (Email president@stemk8pta.org for Zoom link)

To JOIN THE PTA, please use this link:

<https://www.memberplanet.com/packetview/louisaborenstemk-8pta/louisaborenstemk-8pta>

Message from Principal Ostrom:



Louisa Boren STEM K-8 Families,

I hope people had some time to chill and blow off stress. Somehow we have to continue taking care of ourselves and one another while not becoming numb to ongoing racial violence.

5 top things to know about this week:

1. School start time is now 8:00am and end time 2:30pm.
 - a) Elementary Hybrid Cohort A is at school from 8:00am-10:45am.
 - b) Elementary Hybrid Cohort B is at school from 11:45am-2:30pm.
 - c) **Middle School Cohort A is at school on Monday and Tuesday** from 11:45am-2:30pm.
 - d) **Middle School Cohort B is at school on Thursday and Friday** from 11:45am-2:30pm.
 - e) All students are remote on Wednesdays.
 - f) We will start supervising drop off 15 minutes before cohort start time.
 - g) Morning cohorts should attest by 7:30am at the latest; afternoon cohorts by 11:15 am at the latest.
 1. If you don't receive an email or text, you can use [the attestation linked here](#).
 2. You must complete a separate attestation for each student any day they will be at school.
 3. **Middle School parents pay close attention to the email or text you get when complete the attestation for your child. Grades 6-8 students can fill out the health screening for themselves once a guardian has provided permission.**
2. K-8 Pick up and drop off are at the south playground.
 - a. **For K-5 students staff will confirm attestation with a guardian before you leave your child.**
 - i. Students will wait in socially-distanced class lines on the playground until start time when they will be walked in by teachers.

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- b. **Middle school students** will enter through the north-facing playground gate and have a separate attestation check by the rear building entrance near the cafeteria. Please make sure the health screening is completed for your child before coming to school.
3. Students opting for a return to in Person learning need to return the **Covid 19 Informed Consent and Family Information** form linked below before their child starts. You can bring it to school, or scan, sign, and email return, or type in name, attach, and send an email saying you agree to jahapgood@seattleschools.org).
- a. **COVID-19 Informed Consent and Family Information**
- i. [English Informed Consent](#)
 - ii. [Amharic Informed Consent](#)
 - iii. [Somali Informed Consent](#)
 - iv. [Spanish Informed Consent](#)
 - v. [Vietnamese Informed Consent](#)

4. I have attached two important health forms to this email. If your child has a health condition that it is important for us to know, fill out the attached *Annual Health Information* form. If your child needs or may need a medication administered at school, have your health care provider fill out the attached *Authorization for Treatment form*.

5. We still love your children!

It's likely whatever plans we make will need to be adjusted!!

Stay healthy, brilliant, and sane,

Ben Ostrom
STEM K-8 Principal

Hello parents and caregivers!

You are invited to join your PTA Board on Wednesday, 4/28 at 7pm to learn more about PTA membership and serving on the Board! Nominations for Board positions are **due May 5th** - your time and talent are welcome! Please contact Angela Wallis, secretary@stemk8pta.org, for the Zoom link, more information, and a nominations form!



JOIN YOUR PTA BOARD!

FINAL Q&A!

WED. 4/28 7-8PM

E-MAIL

SECRETARY@STEMK8PTA.ORG

FOR THE ZOOM LINK

-
- Meet other parents
 - Do cool projects
 - Give back!
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Does your child need an ORCA Card?

If so, please email SPS at Transportation Dept Orca transorca@seattleschools.org and someone can provide the requirements to see if your child is eligible.

Library News!

WOW! It took 2 hours and lots of librarians to do a Regional Global Reading Challenge Final!!!

Congratulations to our READERS OF WISDOM team that took 2nd place!

So proud of their collaboration, good sportsmanship, teamwork and model manners!

It was an historic event! Some of the teams was the last SPL live semi-final before closure and now they participated in the Regional final before some return to school next week!

Mrs. B. CELEBRATES the **READERS OF WISDOM**!!!! xxooxx

READ! And have FUN! READ! And have FUN! READ! And have FUN!

Readers of Wisdom



Captain: Isla

Members:

Belle
Ethan
Hayden
Ihsan
Isla
Jocko
Oscar
Sumaya A.
Trixie

STEM Outdoor Library Dates for Spring 2021

Tues., March 9th 3-6 pm. Please place your holds by Fri., Mar. 5th.

Tues., March 23rd 3-6 pm. Please place holds by Fri., March 19th.

Tues., April 6th 3-6 pm. Please place your holds by Fri., April 2nd.

Tues., April 20th 3 -6 pm. Please place your holds by Fri., April 9th.

Tues., May 4th 3-6 pm. Please place your holds by Fri., April 30th.

Tues., May 18th 3-6 pm. Please place your holds by Fri., May 14th!

READ! READ! READ! READ! READ!

Counselor's Corner:

Hi STEM Community,

Whew. What a year this has been. Here we are with yet another transition/change. It's a lot. I often think, "If I as a counselor, an adult with many coping skills in my toolbox, am struggling with this- I can't imagine how hard it must be for kids". We must hold, acknowledge and feel all the complex feelings we are feeling with this transition to hybrid learning. Excitement, sadness, grief, anxiety, indifference, worry. It's all valid.

Periods of change and transition can be challenging. Here are a few strategies from [Sound Discipline](#) to try while supporting your student or family:

1. Ask your child to identify and name their feelings.
2. Ask your child, what are their "what ifs?" They may be having questions or worries around logistics and having the opportunity to ask questions may help ease their mind.
3. Give grace. Transitions are hard. This is a great time to practice empathy and compassion.
4. For students that are going to be participating in in-person learning, putting a small token or reminder of home in your child's backpack may be comforting.
5. Talking through daily routines can be comforting and regulating.
6. Simplify your child's schedule outside of school.
7. Let go of expectations of what things "should" be like and acknowledge that things may feel hard.
8. Try this [art activity](#) on having resilience through transitions.

[This](#) article is also helpful and includes some COVID specific considerations for returning to in-person learning. If your family is staying remote- your child might be grieving the loss of a teacher and/or classmates. Writing goodbye letters, spending time reflecting on their time together, and/or doing one of [these](#) activities might be helpful.

Regardless, we're all still apart of the STEM Community and will protect, love and support each other no matter what.

Take care,

Danielle Blechert

dblechert@seattleschools.org

call: (425)528- 0951

text: (425) 243-7836

If you'd like to meet with Danielle, please fill out this form:

<https://forms.office.com/Pages/ResponsePage.aspx?id=WNEEx1HRgMkiHg1Hqb23SJ9NUm2wtW2FGrn10tKDRFaBUQ1AwOUtWTkc5UTZRRlpGTEtUE9BRDFETS4u>

Don't forget to check out the STEM Gazette!

<https://stemgazette2020.wixsite.com/mysite>

FREE RIDES TO LYFTUP SCHOOL COMMUNITIES:

Aetna is offering free Lyft Ride codes for Seattle School Families to Access Meals and Resources During the Covid-19 Crisis.

Fill out this form to request your code that is worth \$20 and good for 60 days:

<https://forms.microsoft.com/Pages/ResponsePage.aspx?id=CC2TAN0Nr0S3AMPAVJ5OaO-t0nW9rXVCm5SFK9R7S-1UM05JWTIQRDA5MTVSTE5CQVo2MFZHREdNNy4u>



ARE PARTNERING UP TO OFFER

**FREE RIDES TO LYFTUP
SCHOOL COMMUNITIES**

Contact your local school district to learn more









SHOP AND EARN - RAISE FUNDS FOR STEM

You can support STEM through the shopping you already do!

A full list with links to participating stores is online:

<http://stemk8pta.org/get-involved/shop-earn/>

Please note that some stores may still list our school as "K-5 STEM"

	<p>Amazon - Use the link below or connect through our school website to Amazon. They send us a check based on the amount you purchase. http://stemk8pta.org/get-involved/shop-earn/amazon-com/</p>
	<p>Bartell Drugs 'B' Caring Card - Up to 4% of your purchase amount is contributed to our school. Register your 'B' Caring Card in-store, on-line, or call 1-800-931-6258. Once registered, have the cashier swipe your 'B' Caring Card at the checkout or type in your 10-digit phone number.</p>
	<p>Box Tops for Education – Use the new Box Tops app to scan your receipt. The app will find participating products purchased at any store and instantly add cash to our school's earnings online.</p>
	<p>Shutterfly & Tiny Prints - Use our School Storefront to earn 8% for STEM. http://stem.shutterflystorefront.com/</p>
	<p>West Seattle Thriftway – 1% of the purchase price of every item you buy is returned to our school. Drop off your West Seattle Thriftway receipts in the donation box in the school office.</p>
	<p>Fred Meyer & Kroger– A digital account is needed to participate in Fred Meyer Community Rewards. If you already have a digital account, simply link your Shopper's Card to your account and add STEM.</p>